

# PsySTART® MH Triage Quick Guide

Triage Factors	How to Assess	Triage Category
Expressed thought or intent to harm self/others?	Do you feel like you want to hurt yourself or hurt anyone else since the incident?	Yes-Stop, Triage Purple No-Go to next
Felt or expressed <i>extreme</i> fear or panic?	During or after the incident, felt like was "losing control", " <u>couldn't</u> " think so upset" or "going crazy	Yes-Stop, Triage Red No-Go to next
Trapped or delayed evacuation?	Was trapped for a long period of time	Yes-Stop, Triage Red No-Go to next
Expressed (Felt) direct threat to life or significant disaster related illness/injury of self and/or family member?	Says felt like would or will die OR felt like family was going to die	Yes-Stop, Triage Red No-Go to next
Saw/heard death or serious injury of other? (May include parent, child, family member(s), family pet or stranger	Indicates saw others dead, burned, mutilated, blood or heard screams or cries for help	Yes-Stop, Triage Red No-Go to next
Death of one parent, child, or family member?	Anyone in family died	Yes-Stop, Triage Red No-Go to next
Family member/care giver currently separated, missing or unaccounted for?	Any family missing	Yes-Stop, Triage Red No-Go to next
Child separated from all caregivers	Unaccompanied Minor	Yes-Stop, Triage Red No-Go to next
<u>Hx</u> of mental health care	Have you been diagnosed for any mental health problems or received treatment for any mental health problems?	Yes-Stop, Triage Yellow No-Go to next
Confirmed exposure/contamination OR Concerned about possible exposures	Concerned about perception of being exposed to toxic/ CBRN	Yes-Stop, Triage Yellow No-Go to next
NONE of the above	No Triage factors identified	Stop, Triage Green